



V162 MTR connection guide 地鐵過海指南

L5 Tung Chng MTR -> N0 Lai King

L5 Tung Chung MTR –

L5 Timing point is right in front of Tung Chung MTR **Exit D**.

Take any train and get off at the 3rd station, **Lai King**, and follow Exit “A”.

L5 位置就在 東涌站D出口外. 請乘坐任何列車，坐3站到荔景下車往A出口。

From Lai King MTR to N0

Lai King MTR **Exit A1** – V162 N0 Lai King Hill road Playground (upper), 300m, 4min .

荔景A1 出口到 V162 N0, 荔景山道遊樂場 (上), 300米5分鐘

Direction:

<https://goo.gl/maps/buzqB1UCqP42>





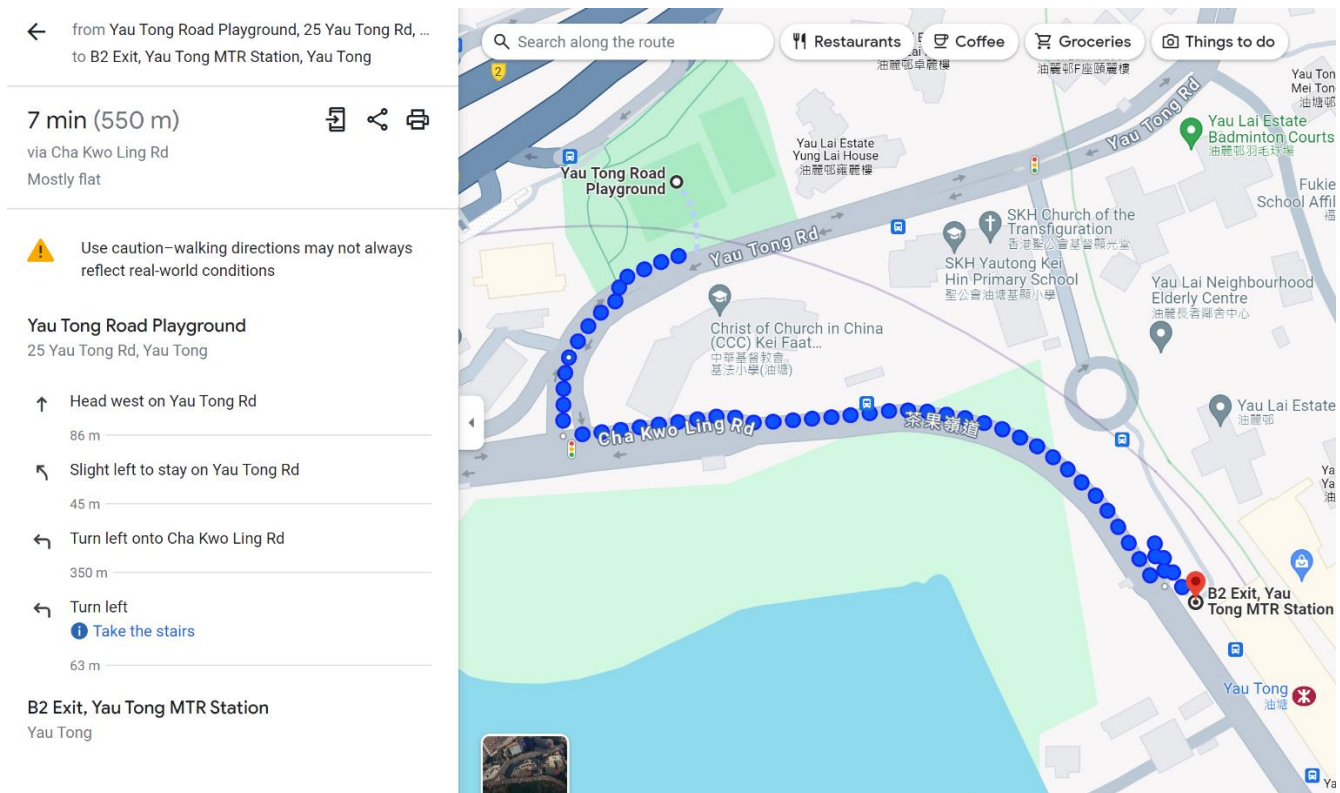
N10 Yau Tong - H0 Quarry Bay (before 1am and after 6am)

From N10 to Yau Tong MTR

N10 – Yau Tong Exit **B2**, 550m, 7min. Direction:

N10 到油塘站**B2**出口, 550米7分鐘

<https://goo.gl/maps/aE14yJs3aMv>



Take the Train towards “North Point” and get off at next station, Quarry Bay, and follow Exit “C”.

到達後到 “往北角” 月台, 乘坐1站在 “鯪魚涌” 下車, 往C出口。。



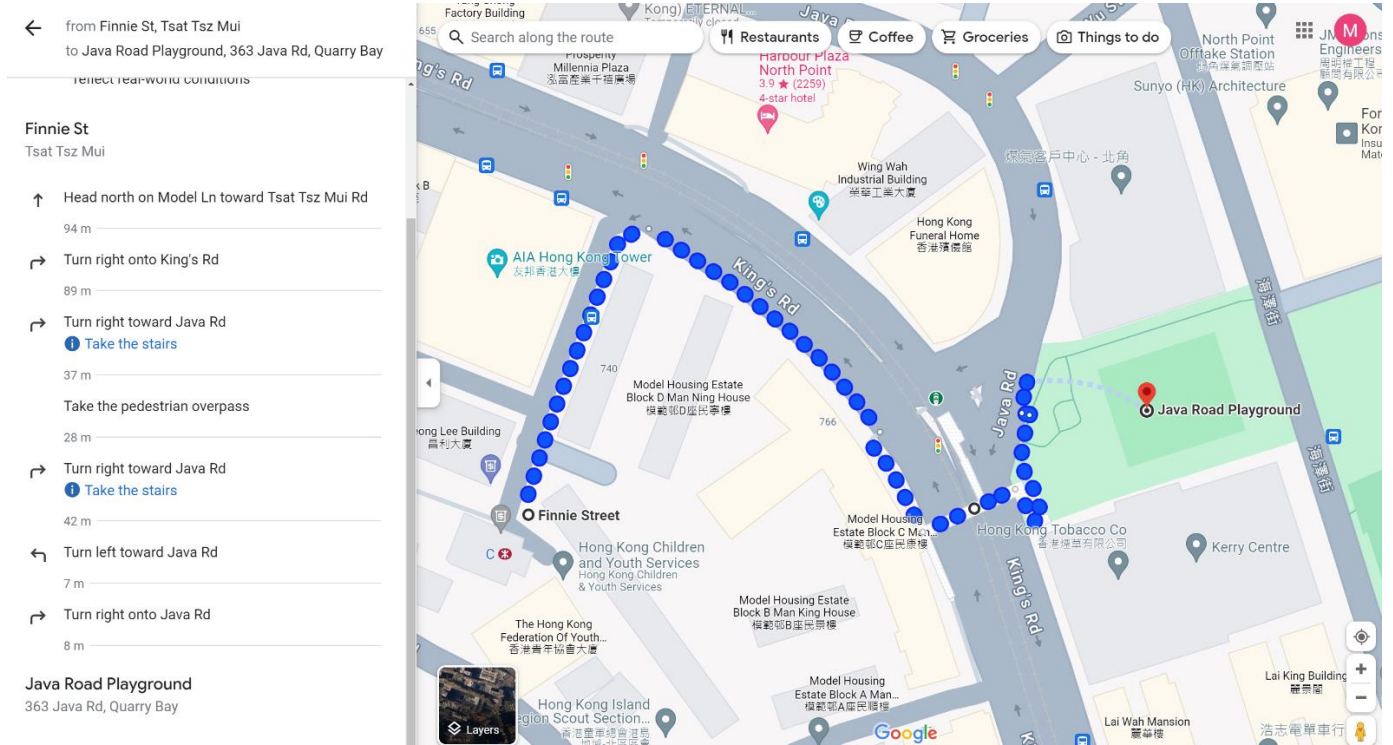


From Quarry Bay MTR to H0 –

Quarry Bay Exit C – H0, 270m via footbridge, 6min . Direction:

鯽魚涌 C 出口 – H0, 270 米經行人天橋, 6 分鐘.

<https://goo.gl/maps/QDwQQdmY9c82>





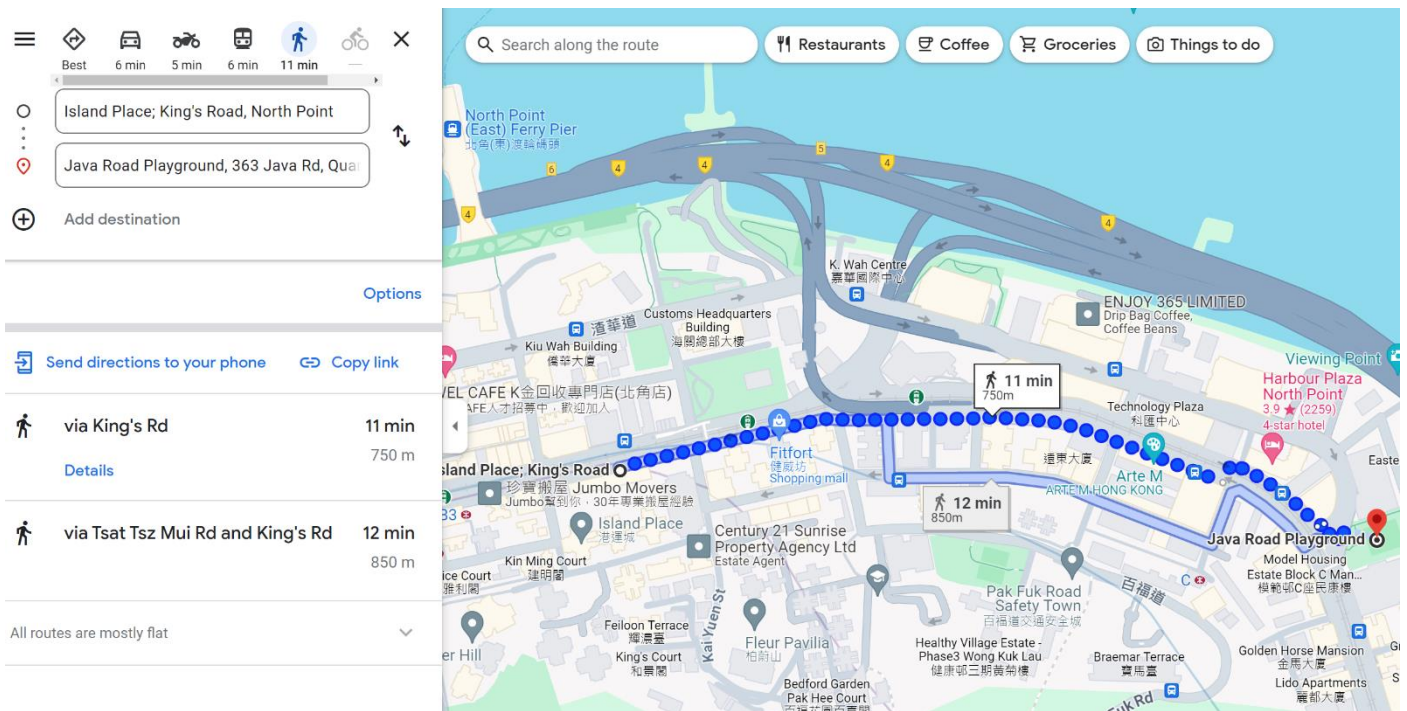
N10 Yau Tong - H0 Quarry Bay (1am – 6am)

If MTR is not running, runners can take these "N" buses : N619/N680/N691 at the Eastern Harbour Crossing bus station (right behind N10 Yau Tong), get off at the first station at "Island Place", then follow Organizer's instruction to walk 10 minutes to H0.

於港鐵停止營運期間，可於 N10 油塘背後的東隧巴士站乘坐 N 巴士 (N619/N680/N691) 一站，往港運城下車後，跟賽會指示步行約十分鐘到 H0。

Direction from Island Place:

<https://maps.app.goo.gl/1EjoFtSSkSxtex6F9>



Runners can also source own transportation (taxi, friend's support etc) ONLY during MTR stoppage hours.

跑手亦可自行乘坐其他如的士或朋友接載等交通工具過海，但此安排只適用於非地鐵營運時間。

